

My Ostomy Check





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For each question, *circle the answer that applies to you*

Do you have any adhesion issues?

Ensuring your product adheres securely to your body is important to prevent future complications. You can select one or more issues.

 None	 Insufficient adhesion when applying	 Adhesive dissolves during wear	 Adhesive edges rolling
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Do you have any skin irritation issues?

Preventing sore skin is vital for your health and well-being. You can select one or more issues.

 None	 At the outer edge of the baseplate	 Under the baseplate	 Around the ostomy
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Do you have any coupling issues?

Click on any coupling issues you might have. (two-piece appliance users only). It is important that your two-piece system works for you. You can select one or more issues.

 None	 Coupling difficult to close or open	 Pouch falls off	 Leakage at coupling
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Do you have any pouch issues?

It is important that your pouch works for you and that you feel confident wearing it. You can select one or more issues.

 None	 Leakage	 Odour	 Pancaking or ballooning
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How are you feeling right now?

I am having a difficult time I feel great

1	2	3	4	5	6	7	8	9	10
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Do you feel you have the resources to cope with your situation?

I am confident I can take on new challenges.

Not true at all

1	2	3	4	5	6	7	8	9	10
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Very true

I have a strong network to assist me

Not true at all

1	2	3	4	5	6	7	8	9	10
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Very true

Personal

Name:

Email:

Phone:

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Date and signature: